

This contract between Mom and Dad and \_\_\_\_\_ establishes family rules and consequences regarding cell phone/ electronics usage.

## \_\_\_\_\_ Cell Phone/ Electronics Responsibilities

- I will keep electronic home use in public areas.
- I will share my phone's password with my parents and they may use it to check my phone at any time.
- I will not send threatening or mean texts to others.
- I will not text or place phone calls after 8 p.m.
- I will keep my phone charged at all times.
- I will answer or respond promptly when my parents contact me.
- I will not bring my cell phone to the family dinner table.
- I will not go over our plan's monthly data usage limits. If I do, I understand that I may be responsible for paying any additional charges or that I may lose my cell phone privileges.
- I understand that I am responsible for knowing where my phone is, and for keeping it in good condition.
- I will obey rules of etiquette regarding cell phones in public places. I will make sure my phone is turned off when I am in church, restaurants, or other quiet settings.
- I will obey any rules my school has regarding cell phones, such as turning them off during class, or keeping them on vibrate while riding the school bus.
- I will alert my parents when I receive suspicious or alarming phone calls or text messages from people I don't know.
- I will also alert my parents if I am being harassed by someone via my cell phone.
- I will not use my cell phone to bully another person.
- I understand that having a cell phone can be helpful in an emergency, but I know that I must still practice good judgment and make good choices that will keep me out of trouble and out of danger. Which includes giving out personal details online.
- I will not send embarrassing photos of my family or friends to others. In addition, I will not use my phone's camera to take embarrassing photos of others.
- I will not use my phone to buy or download anything without asking permission first.
- No screen time until homework and chores are done.

## Consequences

- I understand that having a cell phone is a privilege and that if I fail to adhere to this contract, the cell phone privilege may be revoked.
- If needed, I may help pay for the cost of the phone and/or for excess charges that I incur without permission from my parents.
- I understand that the cell phone may be taken away if I talk back to my parents, fail to do my chores, or fail to keep my grades up.
- If lost or stolen, I am responsible for the copay to replace the phone.

## Parent Responsibilities

- I understand that I will make myself available to answer any questions my child might have about owning a cell phone and using it responsibly.
- I will support my child when they alert me to an alarming message that they have received.
- I will alert my child if our cell phone plan changes and impacts the plan's minutes.
- I will give my child 3 warning(s) before I take his or her cell phone away.

Signed \_\_\_\_\_ [Tween]

Signed \_\_\_\_\_ [Mom]      Signed \_\_\_\_\_ [Dad]

Date \_\_\_\_\_